



Schedule of teaching health education courses

Course code HP. 14110, Primary Grade 4

1st semester, academic year 2019

Week	Unit	Topic	Date	Remark
1		Orientation	16-17May. 2019	
2	Drug and substance abuse	Smoking substance abuse	20 - 24 May 2019	
3		Alcohol, substance abuse	27 – 31 May 2019	May 31 *World No Tobacco Day
4	Growth and development that are appropriate to the age	Body growth	3 - 7 June 2019	
5		Important factors for growth	10 - 14 June 2019	
6		Muscular system	17 - 21 June 2019	
7		Caring for the musculoskeletal system	24 - 28 June 2019	June 26 Day against Drug Abuse
8		Bone system	1 - 5 July 2019	
9		Bone system maintenance	8 – 12 July 2019	0 July * Stop compensating Asalha Bucha Day
10	The value of family and friends	Family and friends 1	15 - 19 July 2019	
11		Family and friends 2	22 – 26 July 2019	
12		<b>Phayathai Test 1/2019</b>	<b>29 July. – 2 August 2019</b>	
13	Sexual behavior	<b>To behave appropriately according to gender and culture</b>	5 – 9 August 2019	
14		Rejection of dangerous and inappropriate acts of sex	12 – 16 August 2019	Aug 13 * Compensation Mother's Day
15		Sexual dangers	19 - 23 August 2019	
16	Emotional conditions that	Emotional state and feelings 1	26. – 30 August 2019	
17		Emotional state and feelings 2	2 – 6 September 2019	



18	affect health	Emotional state that affects health	9 – 13 September 2019	
19		Creating a positive emotional state	16 – 20 Sep 2019	
20		Review	23 Sep - 27 Sep 2019	
21		<b>Final examination of semester 1/2019</b>	<b>30 Sep – 4 Oct 2019</b>	

Schedule of teaching health education courses

Course code HP. 15110, Primary Grade 5

1st semester, academic year 2019

Week	Unit	Topic	Date	Remark
1		Orientation	16-17May. 2019	
2	Drug and substance abuse	Factors that influence substance use	20 - 24 May 2019	
3		Effects of substance abuse	27 – 31 May 2019	May 31 *World No Tobacco Day
4		Dangers of wrong drug use	3 - 7 June 2019	
5		Keeping yourself safe from drug use	10 - 14 June 2019	
6		Drug and narcotics specimens	17 - 21 June 2019	
7		Growth and human development	digestive system	24 - 28 June 2019
8	Urinary system		1 - 5 July 2019	
9	Various systems in the body		8 – 12 July 2019	0 July * Stop compensating Asalha Bucha Day
10	Life and family	Warm family according to Thai culture	15 - 19 July 2019	
11		Sexual and hygiene changes	22 – 26 July 2019	
12		<b>Phayathai Test 1/2019</b>	<b>29 July. – 2 August 2019</b>	
13	Life and family	Solving family conflicts and friends	5 – 9 August 2019	
14		Life and family work piece	12 – 16 August 2019	Aug 13 * Compensation Mother's Day
15	Health	Practice according to the principle of	19 - 23 August 2019	



	promotion,	happiness		
16	fitness and disease prevention	Work piece according to the principle of happiness	26. – 30 August 2019	
17		Information for health promotion	2 – 6 September 2019	
18		Use of information for health promotion	9 – 13 September 2019	
19		Information piece	16 – 20 September 2019	
20		Review	23 Sep - 27 Sep 2019	
21		Final examination of semester 1/2019	30 Sep – 4 Oct 2019	

Schedule of teaching health education courses

Course code HP. 16110, Primary Grade 6

1st semester, academic year 2019

Week	Unit	Topic	Date	Remark
1		Orientation	16-17May. 2019	
2	Substance abuse	Smoking substance abuse	20 - 24 May 2019	
3		Ya E, Ya Love, Drug Ice, Marijuana	27 – 31 May 2019	May 31 *World No Tobacco Day
4		Cause of addiction	3 - 7 June 2019	
5		Self-protection, far from substance abuse	10 - 14 June 2019	
6		Reproductive system 1	17 - 21 June 2019	
7	Growth And human development	Reproductive system 2	24 - 28 June 2019	June 26 Day against Drug Abuse
8		Circulatory system 1	1 - 5 July 2019	
9		Circulatory system 2	8 – 12 July 2019	0 July * Stop compensating Asalha Bucha Day
10		Respiration System 1	15 - 19 July 2019	
11		Respiration System 2	22 – 26 July 2019	
12			Phayathai Test 1/2019	29 July. – 2 August 2019
13	Life and	Creating and maintaining relationships	5 – 9 August 2019	



	family	with others		
14		Work pieces to create and maintain relationships with others	12 – 16 August 2019	Aug 13 * Compensation Mother's Day
15		Risky behavior that leads to sexual intercourse	19 - 23 August 2019	
16		Sex education Worksheet	26. – 30 August 2019	
17	Health promotion	Environment and health	2 – 6 September 2019	
18		Global warming	9 – 13 September 2019	
19		Environmental and health workpieces	16 – 20 September 2019	
20		Review	23 Sep - 27 Sep 2019	
21		Final examination of semester 1/2019	30 Sep – 4 Oct 2019	